

# Independent Living February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9am Exercise 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge <b>2pm Corn Hole Meeting</b> 4pm Happy Hour (BYOB) 6:15pm Bingo	2 <b>Groundhog Day</b> 9am Exercise /10am Exercise <b>10:30pm Seamstress</b> 1pm Chair Yoga 1:30pm Pool Shots 3pm Board Games 4pm Communion <b>5pm Out to dinner—"The Grill on Third"</b> <b>6:30pm MU vs App State</b> 	3 9am Exercise 10am Balance in Action with Genesis 12:30pm Bridge 2pm Corn Hole <b>6pm Movie- "Gigi and Nate"</b>	4 12:30pm Bridge 6:15pm Bingo <b>8pm MU vs Louisiana</b>
5 1:30pm Virtual Worship Service, Ch. 1990  1:30pm Worship Service with <b>Rev. John Yeager, Enslow Park Presbyterian</b>  <b>6pm Movie—"Butch Cassidy and the Sundance Kid"</b>	6 9am Exercise 10am Exercise <b>11am Huntington Federal Bank</b> 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole <b>4pm Meditation W3, 2nd Floor</b> <b>6pm MARSHALL MONDAY</b>	7 9am Exercise / 10am Exercise <b>12-2pm Todd Chow</b> <b>1pm One Day Univ.</b> <b>1pm Walmart</b> 1pm Chair Yoga 1pm Mexican Train Dominos 2pm Knitting Circle & Loom 2pm Cottage Council <b>3pm Jacqueline Hamilton</b> <b>6pm—Parkinson's Support</b>	8 9am Exercise 10am Exercise <b>10am Food Committee</b> <b>10am Bible Study</b> 11:15am Men's Exercise Class 12:30pm Bridge <b>1pm Dr. Brashears</b> 2pm Corn Hole 4pm Happy Hour (BYOB) 6:15pm Bingo	9 9am Exercise /10am Exercise <b>10:30pm Seamstress</b> 1pm Chair Yoga 1:30pm Pool Shots 3pm Board Games 4pm Communion <b>6pm Hoops Family Children's Hospital</b> <b>7pm MU vs Coastal Carolina</b> <b>7pm Hubbard Street Dance Chicago</b>	10 9am Exercise 10am Balance in Action with Genesis <b>11am Valentine's Flowers</b> 12:30pm Bridge 2pm Corn Hole <b>2pm Mall "80 for Brady Movie"</b> <b>6pm Movie- "Father of the Bride"</b>	11 12:30pm Bridge <b>1pm Quilts of Valor</b> <b>2pm MU vs GA State</b> 6:15pm Bingo
12 1:30pm Virtual Worship Service, Ch. 1990  1:30pm Worship Service with <b>Rev. Scott Sears, First UMC</b>  <b>6:30pm Super Bowl LVI</b>	13 9am Exercise 10am Exercise <b>11am Huntington Federal Bank</b> 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole <b>2pm Eddy Pendarvis</b> <b>5pm Out to dinner "Casa Grande" South Point</b>	14 <b>Day of Love!</b> 9am Exercise/10am Exercise <b>11am Cupid Crew</b> <b>12-2pm Todd Chow</b> 1pm Chair Yoga <b>1pm Kroger</b> 1pm Right Left Center 2pm Knitting Circle & Loom Knitting, W5 #184 Cmmns Area <b>3pm Cupid Party</b> <b>6pm Jerry McGuire—Movie</b> 	15 9am Exercise 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge/2pm Corn Hole <b>3pm Marshall Chamber Music</b> 4pm Happy Hour (BYOB) 6:15pm Bingo <b>7pm MU vs GA Southern</b> <b>7pm Steel Magnolia's</b>	16 9am Exercise 10am Exercise <b>10:30pm Seamstress</b> 1pm Chair Yoga 1:30pm Pool Shots <b>2pm Resident Council</b> 3pm Board Games 4pm Communion <b>7pm Lady D</b>	17 9am Exercise 10am Balance in Action with Genesis 12:30pm Bridge 2pm Corn Hole <b>2pm Lincoln Co. Cloggers</b> <b>6pm Movie- "Decoding Da Vinci"</b>	18 12:30pm Bridge 6:15pm Bingo <b>7pm MU vs Troy</b>
19 1:30pm Virtual Worship Service, Ch. 1990  1:30pm Worship Service with <b>Rev. Bob Spradling</b>  <b>6pm Movie—"Von Ryan's Express"</b>	20 <b>President's Day</b> 9am Exercise 10am Exercise <b>10:30am Activities Meeting</b> 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole <b>2pm The Barker Farm</b>	21 <b>Fat Tuesday</b> 9am Exercise / 10am Exercise <b>11am Huntington Federal Bank</b> <b>12-2pm Todd Chow</b> <b>12:30pm MU Emeritus Club</b> 1pm Chair Yoga <b>1pm Huntington Mall</b> 1pm Mexican Train Dominos <b>2pm One Day Univ.</b> <b>6pm—Roscoe &amp; Tilly Mae Rivoton</b>	22 <b>Ash Wednesday</b> 9am Exercise/10am Exercise <b>10am Bible Study</b> 11:15am Men's Exercise Class 12:30pm Bridge/ 2pm Corn Hole <b>4pm Ash Wednesday Service</b> 4pm Happy Hour (BYOB) 6:15pm Bingo <b>7pm MU vs JMU</b>	23 9am Exercise 10am Exercise <b>10:30am Book Club</b> <b>10:30pm Seamstress</b> 1pm Chair Yoga 1:30pm Pool Shots 3pm Board Games 4pm Communion <b>5:30pm Murder Mystery Dinner Theatre</b>	24 <b>Birthday Dinner!</b> 9am Exercise 10am Balance in Action with Genesis 12:30pm Bridge 2pm Corn Hole <b>6pm—Stolen Moments Jazz Band</b> <b>MU vs ODU—tba</b>	25 12:30pm Bridge 6:15pm Bingo
26 1:30pm Virtual Worship, Ch1990  1:30pm Worship Service with <b>Rev. Shannon Blosser, Pea Ridge UMC</b>  <b>6pm Movie—"Gentlemen Prefer Blondes"</b>	27 9am Exercise 10am Exercise <b>11am Huntington Federal Bank</b> 11:15am Men's Exercise Class 12:30pm Bridge <b>1pm Tyler Hutchison Financial Q&amp;A</b> 2pm Corn Hole	28 9am Exercise /10am Exercise <b>12-2pm Todd Chow</b> 1pm Chair Yoga <b>1pm Kroger</b> 1pm Right Left Center 2pm Knitting Circle & Loom Knitting, W5 #184 Cmmns Area <b>2pm One Day University</b> <b>7pm Tedeschi Trucks Band</b>	<b>KEY</b> <b>Black=Regular Events</b> <b>Red= Special On Campus</b> <b>Green=Off Campus</b>			

# Healthcare February 2023 (Calendar Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Exercise 11:15-11:45am  Valentine Word Jumble 2-3pm	2 Exercise 11:15-11:45am  Resident Council 2-2:30pm Refreshments 2:30	3 Exercise 11:15am-11:45am  Movie Matinee & Popcorn “Dog Gone” 2pm—4pm	4 Pastries & TV Time 10:30-11:30am  Bingo 2-3pm
5  Virtual Worship Service 1:30pm-2:30pm, Channel 1990  Worship Service Carol Gump 3-3:45pm, Chapel	6 Exercise 11:15am-11:45am  Bingo 2:00-3:00pm 3pm-3:30pm Mass w/Father Dean, Chapel	7 Exercise 11:15am-11:45am  Valentine Pins & Painted Rocks 2-3pm	8 Exercise 11:15am-11:45am  Walmart Trip 1-4pm	9 Exercise 11:15-11:45am  Music Therapy w/Carleigh 2-3pm	10 Exercise 11:15am-11:45am  Let’s Play Cards 2-3pm	11 Pastries & TV Time 10:30-11:30am  Bingo 2-3pm
12  Virtual Worship Service 1:30pm-2:30pm, Channel 1990  Worship Service/Communion with Carol Gump 3-3:45pm, Chapel	13 Exercise 11:15am-11:45am  2:00-3:00pm Candy Bouquet  3pm-3:30pm Mass w/Father Dean, Chapel	14 <b>Valentine’s Day</b> Exercise 11:15am-11:45am  Valentine Party & Violin with Hannah 2-3pm  	15 Exercise 11:15-11:45am  Pretty Nails 2-3pm	16 Exercise 11:15-11:45am  UNO Card Game 2-3pm	17 Exercise 11:15-11:45am  Lincoln County Cloggers 2pm	18 Pastries & TV Time 10:30-11:30am  Bingo 2-3pm
19  Virtual Worship Service 1:30pm-2:30pm, Channel 1990  Worship Service/Communion with Carol Gump 3-3:45pm, Chapel	20 <b>President’s Day</b> Exercise 11:15am-11:45am  Barker Farm Petting Zoo 2-3pm  3pm-3:30pm Mass w/Father Dean, Chapel	21 <b>Fat Tuesday</b> Exercise 11:15am-11:45am  Mardi Gras Party 4:30pm HC Dining Room 5pm Roscoe & Tilly Mae Riverton Music	22 <b>Ash Wednesday</b> Exercise 11:15am-11:45am  Walmart Trip 1-4pm	23 Exercise 11:15am-11:45am  Music Therapy w/Carleigh 2-3pm  Music with Chuck and Gary 4:30 HC Dining Room	24 Exercise 11:15am-11:45am  Let’s Play Cards 2-3pm  Birthday Dinner Music with Stolen Moments Jazz Band	25 Pastries & TV Time 10:30-11:30am  Bingo 2-3pm
26  Virtual Worship Service 1:30pm-2:30pm, Channel 1990  Worship Service/Communion with Carol Gump 3-3:45pm, Chapel	27 Exercise 11:15am-11:45am  Bingo 2-3pm  3pm Mass w/Father Dean, Chapel	28 Exercise 11:15am-11:45am  Bracelet Beading 2-3pm			Garden View Daily Activities  9am 1E Morning Gathering 10am 1E Exercise 2pm 1E Craft/Activity	Friday Room Visits with Chaplain Carol Gump 9am—2pm  Outings Weather Permitting