


# Independent Living August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KEY Black=Regular Events Red= Special On Campus Purple=Off Campus</p> 	<p>1 9am Exercise <b>9:30am YMCA</b> 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12pm Seamstress 2pm Corn Hole 4pm Meditation W3, 2nd Floor <b>6pm MU Pres. Brad Smith</b></p>	<p>2 9am Exercise 10am Exercise 1pm Kroger 1pm Chair Yoga 1pm Right, Left, Center 2pm Knitting Circle &amp; Loom Knitting, W5 #184 Cmmns Area 2pm One Day University 6pm—Croquet Match</p>	<p>3 9am Exercise <b>9:30am YMCA</b> 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole <b>4pm Happy Hour (BYOB)</b> <b>6pm Lauren Kemp "Central City"</b> 6:15pm Bingo</p>	<p>4 9am Exercise 10am Exercise 1pm Chair Yoga 1:30pm Pool Shots 3pm Board Games 4pm Communion <b>5pm Out to dinner -"Sal's Speak-easy"</b></p>	<p>5 9am Exercise <b>9:30am YMCA</b> 10am Balance in Action 2pm Corn Hole <b>3pm Sing-along Karaoke</b> <b>6pm Movie - "Dog"</b></p>	<p>6  12:30pm Bridge <b>2pm— "Goldeneye"</b> 6:15pm Bingo</p>
<p>7  1:30pm Virtual Worship Service, Ch. 1990  1:30pm Worship Service with Rev. David Richards  <b>6pm Movie—"Stand Up and Cheer"</b></p>	<p>8 9am Exercise <b>9:30am YMCA</b> 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12pm Seamstress <b>2pm Broadway "An American in Paris"</b> 2pm Corn Hole</p>	<p>9 9am Exercise 10am Exercise 1pm Ashland Mall 1pm Chair Yoga 1pm Mexican Train Dominos <b>2pm Cottage Council</b> 2pm Knitting Circle &amp; Loom Knitting, W5 #184 Cmmns Area 2pm One Day University 6pm—Croquet Match</p>	<p>10 9am Exercise <b>9:30am YMCA</b> 10am Exercise <b>10am Bible Study</b> 10am Food Committee Meeting 11:15am Men's Exercise Class 12:30pm Bridge <b>2pm Aetna Benefit Checkup</b> 2pm Corn Hole <b>4pm Happy Hour (BYOB)</b> 6:15pm Bingo</p>	<p>11 9am Exercise 10am Exercise 1pm Chair Yoga <b>1pm WV Humanities Little Lecture</b> 1:30pm Pool Shots 3pm Board Games 4pm Communion</p>	<p>12 9am Exercise <b>9:30am YMCA</b> 10am Balance in Action with Genesis <b>1pm— Trip Huntington Market/Downtown Huntington</b> 2pm Corn Hole <b>3pm Sing-along Karaoke</b> <b>6pm Movie- "Uncharted"</b></p>	<p>13 12:30pm Bridge <b>2pm— "Tomorrow Never Dies"</b> 6:15pm Bingo</p>
<p>14  1:30pm Virtual Worship Service, Ch. 1990  1:30pm Worship Service with Rev. Eric Porterfield, Fifth Ave. Baptist <b>6pm Movie—"Stowaway"</b></p>	<p>15 9am Exercise <b>9:30am YMCA</b> 10am Exercise 11am Activities Meeting 11am Huntington Federal Bank 11:15am Men's Exercise Class 12pm Seamstress <b>2pm Broadway "Showboat"</b> 2pm Corn Hole</p>	<p>16 9am Exercise 10am Exercise 1pm Chair Yoga 1pm Walmart 1pm Right, Left, Center 2pm Knitting Circle &amp; Loom Knitting, W5 #184 Cmmns Area 2pm One Day University 6pm—Croquet Match</p>	<p>17 9am Exercise <b>9:30am YMCA</b> 10am Exercise <b>10am Bible Study</b> 11:15am Men's Exercise Class 12:30pm Bridge <b>1pm Dr. Brashears, Audiologist</b> 2pm Corn Hole <b>4pm Happy Hour (BYOB)</b> 6:15pm Bingo</p>	<p>18 9am Exercise 10am Exercise 1pm Chair Yoga 1:30pm Pool Shots <b>2pm Resident Council</b> 3pm Board Games 4pm Communion <b>5pm Out to dinner "21 Club"</b></p>	<p>19 <b>Woodlands 26th Anniversary</b> 9am Exercise <b>9:30am YMCA</b> 10am Balance in Action with Genesis <b>1pm Woodlands "A Dream Realized and Reception"</b> 2pm Corn Hole <b>6pm Movie- "Rules Don't Apply"</b></p>	<p>20  12:30pm Bridge <b>2pm—"The World is not Enough"</b> 6:15pm Bingo <b>8pm Picnic with the Pops</b></p>
<p>21  1:30pm Virtual Worship Service, Ch. 1990  1:30pm Worship Service with Rev. John Yeager, Enslow Park Presby. <b>6pm Movie—"Wee Willy Winkle"</b></p>	<p>22 9am Exercise 9am Symphony Tickets on Sale <b>9:30am YMCA</b> 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12pm Seamstress <b>2pm Broadway "My Fair Lady"</b> 2pm Corn Hole <b>6pm Dr. Gary Rankin "Bird Migration"</b></p>	<p>23 9am Exercise 10am Exercise 1pm Chair Yoga 1pm Target 1pm Mexican Train Dominos 2pm Knitting Circle &amp; Loom Knitting, W5 #184 Cmmns Area 2pm One Day University 6pm—Croquet Match</p>	<p>24 9am Exercise <b>9:30am YMCA</b> 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge <b>1pm WV Humanities Little Lecture</b> 2pm Corn Hole <b>4pm Happy Hour (BYOB)</b> 6:15pm Bingo</p>	<p>25 9am Exercise 10am Exercise <b>10:30am Book Club</b> 1pm Chair Yoga 1:30pm Pool Shots <b>2pm Grief Counseling</b> 3pm Board Games 4pm Communion <b>6pm—Mayor Williams</b></p>	<p>26 <b>Birthday Dinner</b> 9am Exercise <b>9:30am YMCA</b> 10am Balance in Action with Genesis 2pm Corn Hole <b>3pm Sing-along Karaoke</b> <b>6pm— Stony Point String Band</b></p>	<p>27 12:30pm Bridge <b>2pm—"Die another Day"</b> 6:15pm Bingo</p>
<p>28 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with Rev. Shannon Blosser, Pea Ridge United Methodist <b>6pm Movie—"Young People"</b></p>	<p>29 9am Exercise <b>9:30am YMCA</b> 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12pm Seamstress <b>2pm Broadway "Shrek the Musical"</b> 2pm Corn Hole</p>	<p>30 9am Exercise 10am Exercise 1pm Chair Yoga 1pm Kroger 1pm Right, Left, Center 2pm Knitting Circle &amp; Loom Knitting, W5 #184 Cmmns Area 2pm One Day University 6pm—Croquet Match</p>	<p>31 9am Exercise <b>9:30am YMCA</b> 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole <b>3pm Marshall Chamber Music</b> <b>4pm Happy Hour (BYOB)</b> 6:15pm Bingo</p>	<p style="text-align: center;"><u><b>Almost Heaven</b></u> <u><b>Dulcimer Society</b></u>  <b>Date to be announced!</b></p>		

# Healthcare August 2022 (Calendar Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Garden View Daily Activities</b> <b>9am 1E Morning Gathering</b> <b>10am 1E Exercise</b> <b>2pm 1E Craft/Activity</b>	1 Exercise 11:15am-11:45am  Bingo 2:00-3:00pm  3pm Mass w/Father Dean, Chapel	2 Exercise 11:15am-11:45am  Trip to Austin’s Ice Cream 2pm	3 Exercise 11:15am-11:45am  Drinks and Trivia on the Patio 2-3pm	4 Exercise 11:15am-11:45am  Resident Council 2pm Refreshments 2:30pm	5 Exercise 11:15am-11:45am  Movie Matinee & Popcorn “Welcome to Mooseport” 2-4pm	6  Pastries & TV Time 10:30-11:30am  Bingo 2-3pm
7  Virtual Worship Service 1:30pm-2:30pm, Channel 1990  Worship Service Carol Gump 3-3:45pm, Chapel	8 Exercise 11:15am-11:45am  Bingo 2:00-3:00pm  3pm Mass w/Father Dean, Chapel	9 Exercise 11:15am-11:45am  Bracelet Beading 2-3pm	10 Exercise 11:15am-11:45am  Walmart Trip 1pm—4pm	11 Exercise 11:15am-11:45am  Ice Cream Sandwiches on the Patio 2-3pm	12 Exercise 11:15am-11:45am  Movie Matinee & Popcorn “Get Low” 2-4pm	13  Pastries & TV Time 10:30-11:30am  Bingo 2-3pm
14  Virtual Worship Service 1:30pm-2:30pm, Channel 1990  Worship Service Carol Gump 3-3:45pm, Chapel	15 Exercise 11:15am-11:45am  Bingo 2:00-3:00pm  3pm Mass w/Father Dean, Chapel	16 Exercise 11:15am-11:45am  Bluegrass Music with Bobby Maynard 2-3pm	17 Exercise 11:15am-11:45am  Banjo with Jessica Garden View 1:30pm—2pm  Pretty Nails 2-3pm	18 Exercise 11:15am-11:45am  UNO Card Game 2-3pm	19 Exercise 11:15-11:45am  Movie Matinee & Popcorn “The Sons of Katie Elder” 2pm—4pm	20  Pastries & TV Time 10:30-11:30am  Bingo 2-3pm
21  Virtual Worship Service 1:30pm-2:30pm, Channel 1990  Worship Service Carol Gump 3-3:45pm, Chapel	22 Exercise 11:15am-11:45am  Bingo 2-3pm  3pm Mass w/Father Dean, Chapel	23 Exercise 11:15am-11:45am  Right Left Center 2-3pm	24 Exercise 11:15am-11:45am  Penny Ante 2-3pm	25 Exercise 11:15-11:45am  Scrabble Slam 2-3pm Sing A Long with Chuck 4:30pm Dining Room	26 Exercise 11:15am-11:45am  Movie Matinee & Popcorn “Steel Magnolias” 2-4pm  5pm Birthday Dinner Stony Point String Band	27 Pastries & TV Time 10:30-11:30am  Bingo 2-3pm
28  Virtual Worship Service 1:30pm-2:30pm, Channel 1990  Worship Service Carol Gump 3-3:45pm, Chapel	29 Exercise 11:15am-11:45am  Bingo 2-3pm  3pm Mass w/Father Dean, Chapel	30 Exercise 11:15am-11:45am  Trip to Austin’s Ice Cream 2pm	31 Exercise 11:15am-11:45am  Walmart trip 1pm—4pm		<b>Friday’s            Room Visits with            Chaplain Carol Gump            9am—2pm            Outings            Weather Permitting</b>	