

Independent Living January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KEY Black=Regular Events Red= Special On Campus Green=Off Campus</p>						<p>1 HAPPY NEW YEAR! 12:30pm Bridge 3pm MU Bball @ Southern Miss 6:15pm Bingo</p>
<p>2 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with Kevin Mackey, St. Paul Lutheran</p>	<p>3 9am Exercise 9:30am YMCA 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12-2pm Todd Chow Tech Support 2pm Corn Hole 3pm Catholic Mass with Father Dean 4pm Meditation, W3, 2nd Floor Parlor</p>	<p>4 9am Exercise 10am Exercise 1pm Right, Left, Center 1pm Chair Yoga 1pm Target 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 2:30pm One Day University Lecture</p>	<p>5 9am Exercise 9:30am YMCA 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole 6:15pm Bingo</p>	<p>6 9am Exercise 10am Exercise 1pm Chair Yoga 1:30pm Pool Shots 3pm Board Games in the Bistro 4pm Communion 5pm Out to dinner at the Fly in Café</p>	<p>7 9am Exercise 9:30am YMCA 10am Balance in Action with Genesis 2pm Corn Hole 6:15pm Movie- "New York, New York"</p>	<p>8 12:30pm Bridge 6:15pm Bingo 6:15pm MU vs. Florida Atlantic Bball Game</p>
<p>9 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with Pastor Richie McNiel, Beverly Hills UMC</p>	<p>10 9am Exercise 9:30am YMCA 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12-2pm Todd Chow Tech Support 2pm Corn Hole 3pm Catholic Mass with Father Dean 6pm Marshall Monday</p>	<p>11 9am Exercise 10am Exercise 1pm Mexican Train Dominoes 1pm Chair Yoga 1pm Kroger 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 2:30pm One Day University Lecture</p>	<p>12 9am Exercise 9:30am YMCA 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole 3pm Marshall Music 6:15pm Bingo</p>	<p>13 9am Exercise 10am Exercise 1pm Chair Yoga 1:30pm Pool Shots 3pm Board Games in the Bistro 4pm Communion 6pm Keith-Albee's Director of Development, Terry Deppner Hardin 6:15pm MU vs. North Texas Bball Game</p>	<p>14 9am Exercise 9:30am YMCA 10am Balance in Action with Genesis 2pm Corn Hole 6:15pm Movie- "Respect"</p>	<p>15 12:30pm Bridge 6:15pm Bingo 6:15pm MU vs. Rice Bball Game</p>
<p>16 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with David Richards, Presbyterian Minister</p>	<p>17 Martin Luther King Jr. Day 9am Exercise 9:30am YMCA 10am Exercise 11am Activities Committee 11am Huntington Federal Bank 11:15am Men's Exercise Class 11:30am Central Christian Church for PEO 12-2pm Todd Chow Tech Support 2pm Corn Hole 3pm Catholic Mass with Father Dean</p>	<p>18 9am Exercise 10am Exercise 1pm Chair Yoga 1pm Right, Left, Center 1pm Huntington Mall 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 2:30pm One Day University Lecture 6pm Mountwest Community & Technical College President, Dr. Josh Baker</p>	<p>19 9am Exercise 9:30am YMCA 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole 5pm Out to Dinner at Texas Roadhouse 6:15pm Bingo</p>	<p>20 9am Exercise 10am Exercise 1pm Chair Yoga 1:30pm Pool Shots 2pm Resident Council 3pm Board Games in the Bistro 4pm Communion 7pm MU Bball @ FIU</p>	<p>21 9am Exercise 9:30am YMCA 10am Balance in Action with Genesis 2pm Corn Hole 6:15pm Movie- "Man Up"</p>	<p>22 12:30pm Bridge 4pm MU Bball @ FL Atlantic 6:15pm Bingo</p>
<p>23 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with Rev. Shannon Blosser, Pea Ridge United Methodist</p>	<p>24 9am Exercise 9:30am YMCA 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12-2pm Todd Chow Tech Support 2pm Corn Hole 3pm Catholic Mass with Father Dean</p>	<p>25 9am Exercise 10am Exercise 1pm Chair Yoga 1pm Mexican Train Dominoes 1pm Walmart 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 2:30pm One Day University Lecture</p>	<p>26 9am Exercise 9:30am YMCA 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole 6:15pm Bingo</p>	<p>27 9am Exercise 10am Exercise 10:30am Book Club 1pm Chair Yoga 1:30pm Pool Shots 3pm Board Games in the Bistro 4pm Communion 6:15pm MU vs. Middle TN Bball Game</p>	<p>28 9am Exercise 9:30am YMCA 10am Balance in Action with Genesis 2pm Corn Hole 4pm Birthday Dinner 6pm Singer/Acoustic Guitar Player, Donnie Carman</p>	<p>29 12pm Huntington Mall for Opera "Rigoletto" 12:30pm Bridge 6:15pm Bingo 6:15pm MU vs. UAB Bball Game</p>
<p>30 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with Eric Springer, First Presbyterian</p>	<p>31 9am Exercise 9:30am YMCA 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12-2pm Todd Chow Tech Support 2pm Corn Hole 3pm Catholic Mass with Father Dean</p>					

Healthcare January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Happy New Year! Rose Bowl Parade in Neighborhoods!
2 Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	3 Exercise 11:15am-11:45am Bingo 2-3pm Catholic Mass with Father Dean 3:30pm-4pm, Chapel	4 Exercise 11:15am-11:45am Snowman Blocks (pt. 1) 2-3pm	5 Exercise 11:15am-11:45am Walmart Trip 1-4pm	6 Exercise 11:15am-11:45am Bingo 2-3pm	7 Exercise 11:15am-11:45am Movie Matinee & Popcorn "Tom & Huck" 2-4pm	8 Pastries & TV Time 11-11:30am UNO Card Game 2-3pm
9 Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	10 Exercise 11:15am-11:45am Bingo 2-3pm Catholic Mass with Father Dean 3:30pm-4pm, Chapel	11 Exercise 11:15am-11:45am Snowman Blocks (pt.2) 2-3pm	12 Exercise 11:15am-11:45am Pretty Nails 2-3pm	13 Exercise 11:15am-11:45am Bingo 2-3pm	14 Exercise 11:15am-11:45am Movie Matinee & Popcorn "Fool's Gold" 2-4pm	15 Pastries & TV Time 11-11:30am Scrabble Slam 2-3pm
16 Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	17 Exercise 11:15am-11:45am Bingo 2-3pm Catholic Mass with Father Dean 3:30pm-4pm, Chapel	18 Exercise 11:15am-11:45am Face Planter 2-3pm	19 Exercise 11:15am-11:45am Walmart Trip 1-4pm	20 Exercise 11:15am-11:45am Bingo 2-3pm	21 Exercise 11:15am-11:45am Movie Matinee & Popcorn "Honey I Shrunk the Kids" 2-4pm	22 Pastries & TV Time 11-11:30am Word Jumble 2-3pm
23 Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	24 Exercise 11:15am-11:45am Bingo 2-3pm Catholic Mass with Father Dean 3:30pm-4pm, Chapel	25 Exercise 11:15am-11:45am Pinecone Birdfeeders 2-3pm	26 Exercise 11:15am-11:45am Pretty Nails 2-3pm	27 Exercise 11:15am-11:45am Bingo 2-3pm	28 Exercise 11:15am-11:45am Movie Matinee & Popcorn "Going In Style" 2-4pm Birthday Dinner 4:30pm-5:30pm with Donnie Carman, singer/ acoustic guitar player	29 Pastries & TV Time 11-11:30am UNO 2-3pm
30 Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	31 Exercise 11:15am-11:45am Bingo 2-3pm Catholic Mass with Father Dean 3:30pm-4pm, Chapel					