

Independent Living November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KEY Black=Regular Events Red= Special On Campus Green=Off Campus</p>	<p>1 9am Exercise 9:30am YMCA 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12-2pm Todd Chow Tech Support 1pm Barbie Doll Mission 2pm Corn Hole 3pm Communion Service with Father Dean 4pm Meditation, W3, 2nd floor parlor 6pm Marshall Monday</p>	<p>2 Election Day 9am Exercise 10am Exercise 1pm Mexican Train Dominoes 1pm Chair Yoga 1pm Target 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 2:30pm One Day University Lecture</p>	<p>3 9am Exercise 9:30am YMCA 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole 6:15pm Bingo</p>	<p>4 9am Exercise 10am Exercise 1pm Chair Yoga 1:30pm Pool Shots 4pm Communion</p>	<p>5 9am Exercise 9:30am YMCA 10am Exercise 2pm Corn Hole 6:15pm Movie- "The Heights" 6:30pm Keith Albee for Marshall Wind Symphony, "HOME"</p>	<p>6 12:30pm Bridge 6pm MU Football @ FL Atlantic 6:15pm Bingo</p>
<p>7 Daylight Saving Time Ends 1:30pm Virtual Worship Service, Ch. 1990</p> <p>1:30pm Worship Service with Pastor Kevin Mackey, St. Paul Lutheran</p>	<p>8 9am Exercise 9:30am YMCA 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12-2pm Todd Chow Tech Support 1pm A View From the Bench: Chief Justice Jenkins & the New Intermediate Court of Appeals 2pm Corn Hole 3pm Catholic Mass with Father Dean</p>	<p>9 9am Exercise 10am Exercise 1pm Right, Left, Center 1pm Chair Yoga 1pm Kroger 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 2pm Cottage Meeting 5pm Out to dinner at Bombshells, Burgers & BBQ</p>	<p>10 9am Exercise 9:30am YMCA 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole 2pm Marshall Music 6:15pm Bingo</p>	<p>11 Veterans Day 9am Exercise 10am Exercise 1pm A Documentary Film: "The Unimaginable Journey of Peter Ertel" 1pm Chair Yoga 1:30pm Pool Shots 4pm Communion</p>	<p>12 9am Exercise 9:30am YMCA 10am Balance in Action with Genesis 2pm Corn Hole 6:15pm Movie- "How to Lose a Guy in 10 Days" 6:15pm MU Basketball vs. Wright State</p>	<p>13 12:30pm Bridge 2:30pm MU Football vs. UAB 6:15pm Bingo</p>
<p>14</p> <p>1:30pm Virtual Worship Service, Ch. 1990</p> <p>1:30pm Worship Service with Jim Alexander, Fellowship Baptist</p>	<p>15 9am Exercise 9:30am YMCA 10am Exercise 11am Activities Committee 11:15am Men's Exercise Class 12-2pm Todd Chow Tech Support 2pm Corn Hole 3pm Catholic Mass with Father Dean 6:15pm MU Basketball vs. Milligan</p>	<p>16 9am Exercise 10am Exercise 1pm Mexican Train Dominoes 1pm Chair Yoga 1pm Huntington Mall 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 2:30pm One Day University Lecture</p>	<p>17 9am Exercise 9:30am YMCA 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole 6:15pm Bingo</p>	<p>18 9am Exercise 10am Exercise 1pm Chair Yoga 1:30pm Pool Shots 2pm Resident Council 4pm Communion</p>	<p>19 9am Exercise 9:30am YMCA 10am Balance in Action with Genesis 2pm Corn Hole 4pm Birthday Dinner 6pm Stony Point String Band</p>	<p>20 12:30pm Bridge 3:30pm MU Football @ Charlotte 6:15pm Bingo</p>
<p>21 1:15pm MU Basketball vs. Jackson State</p> <p>1:30pm Virtual Worship Service, Ch. 1990</p> <p>1:30pm Worship Service with Pastor Richie McNiel, Beverly Hills UMC</p>	<p>22 9am Exercise 9:30am YMCA 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12-2pm Todd Chow Tech Support 2pm Corn Hole 3pm Catholic Mass with Father Dean</p>	<p>23 9am Exercise 10am Exercise 1pm Chair Yoga 1pm Right, Left, Center 1pm Walmart 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 2:30pm One Day University Lecture 6:15pm MU Basketball vs. Louisiana</p>	<p>24 9am Exercise 9:30am YMCA 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole 6:15pm Bingo</p>	<p>25</p> 	<p>26 9am Exercise 9:30am YMCA 10am Exercise 2pm Corn Hole 6:15pm Movie- "Analyze That"</p>	<p>27 12:30pm Bridge 2:30pm MU Football vs. Western KY 6:15pm Bingo</p> <p>Time TBA- MU Basketball @ Indiana</p>
<p>28 1:30pm Virtual Worship Service, Ch. 1990</p> <p>1:30pm Worship Service with Rev. Eric Porterfield, Fifth Ave. Baptist Church</p>	<p>29 9am Exercise 9:30am YMCA 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12-2pm Todd Chow Tech Support 2pm Corn Hole 3pm Catholic Mass with Father Dean 5pm Out to dinner at Marshall Hall of Fame Café</p>	<p>30 9am Exercise 10am Exercise 1pm Chair Yoga 1pm Mexican Train Dominoes 1pm Kroger 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 2:30pm One Day University Lecture 6pm Storyteller, Adam Booth</p>				

Healthcare November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Bingo 2-3pm Catholic Mass with Father Dean 3:30pm-4pm, Chapel	2 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Pinecone Birdfeeders 2-3pm	3 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Book Mobile 1:30-3:30pm Trip to Walmart 1-4pm	4 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Movie Matinee, "Like Father" 2-4pm	5 Exercise 11:15am-11:45am Bingo 2-3pm	6 Scheduled Visits 10am-11:30am & 1-3pm Coffee, Donuts & News 10:30-11:30am, Neighborhoods
7 Scheduled Visits 10am-11:30am & 1-3pm Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	8 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Bingo 2-3pm Communion Service with Father Dean 3:30pm-4pm, Chapel	9 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Pretty Nails 2-4pm	10 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm UNO Card Game 2-3pm	11 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Movie Matinee, "POMS" 2-4pm	12 Exercise 11:15am-11:45am Bingo 2-3pm	13 Scheduled Visits 10am-11:30am & 1-3pm Coffee, Donuts & News 10:30-11:30am, Neighborhoods Marshall vs. UAB 3:30pm, Channel 720
14 Scheduled Visits 10am-11:30am & 1-3pm Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	15 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Bingo 2-3pm Communion Service with Father Dean 3:30pm-4pm, Chapel	16 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Necklace Holder 2-3pm	17 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Book Mobile 1:30pm-3:30pm Trip to Walmart 1-4pm	18 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Movie Matinee "Letters to Juliet" 2-4pm	19 Exercise 11:15am-11:45am Bingo 2-3pm Birthday Dinner 4:30pm-5:30pm	20 Scheduled Visits 10am-11:30am & 1-3pm Coffee, Donuts & News 10:30-11:30am, Neighborhoods
21 Scheduled Visits 10am-11:30am & 1-3pm Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	22 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Bingo 2-3pm Communion Service with Father Dean 3:30pm-4pm, Chapel	23 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Turkey Pins 2-4pm	24 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Pretty Nails 2-4pm		26 Exercise 11:15am-11:45am Bingo 2-3pm	27 Scheduled Visits 10am-11:30am & 1-3pm Coffee, Donuts & News 10:30-11:30am, Neighborhoods
28 Scheduled Visits 10am-11:30am & 1-3pm Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	29 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Bingo 2-3pm Communion Service with Father Dean 3:30pm-4pm, Chapel	30 Exercise 11:15am-11:45am Scheduled Visits 1-3:30pm Holiday Blocks 2-4pm				