

Independent Living September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KEY Black=Regular Events Red= Special On Campus Green=Off Campus</p>			<p>1 9am Exercise 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Livestream of Jean Edward Smith Memorial Symposium 2pm Corn Hole 6:15pm Bingo</p>	<p>2 9am Exercise 10am Exercise 1pm Chair Yoga 1:30pm Pool Shots 4pm Communion</p>	<p>3 9am Exercise 10am Exercise 12:30pm Ring a Bell for Rosies 2pm Corn Hole 6:15pm Movie- "My Fair Lady"</p>	<p>4 12:30pm Bridge 3:30pm MU @ Navy 6:15pm Bingo</p>
<p>5 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with David Smith, Crossroads Baptist</p>	<p>6 LABOR DAY 9am Exercise 10am Exercise 11:15am Men's Exercise Class 2pm Corn Hole 4pm Meditation, W3, 2nd floor parlor</p>	<p>7 9am Exercise 10am Exercise 11am Huntington Federal Bank 12-2pm Todd Chow Tech Support 1pm Mexican Train Dominoes 1pm Chair Yoga 1pm Target 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 2:30pm One Day University Lecture 7pm Doubles Croquet</p>	<p>8 9am Exercise 9:30am YMCA 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 1:30pm Trip to Chico's Fall Fashion Show & Shopping 2pm Corn Hole 6:15pm Bingo</p>	<p>9 9am Exercise 10am Exercise 1pm Chair Yoga 1pm Exploring Marshall: Familiar Faces & Places (video series) 1:30pm Pool Shots 4pm Communion 5pm Out to dinner at Fat Patty's</p>	<p>10 9am Exercise 9:30am YMCA 10am Balance in Action with Genesis 2pm Corn Hole 6:15pm Movie- "Argo"</p>	<p>11 12:30pm Bridge 5:30pm MU vs. NC Central 6:15pm Bingo</p>
<p>12 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with Jim Alexander, Fellowship Baptist</p>	<p>13 9am Exercise 9:30am YMCA 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12-2pm Todd Chow Tech Support 2pm Corn Hole 3pm Communion Service with Father Dean 6pm Marshall Monday</p>	<p>14 9am Exercise 10am Exercise 1pm Right, Left, Center 1pm Chair Yoga 1pm Walmart 1pm Understanding the Jewish Holy Days presented by Rabbi Wucher 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 7pm Doubles Croquet</p>	<p>15 9am Exercise 9:30am YMCA 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Marshall Music 2pm Corn Hole 6:15pm Bingo</p>	<p>16 9am Exercise 10am Exercise 1pm Chair Yoga 1pm Exploring Marshall: Marshall on the Rise (video series) 1:30pm Pool Shots 2pm Resident Council 4pm Communion</p>	<p>17 9am Exercise 9:30am YMCA 10am Balance in Action with Genesis 12:45pm Trip to Coalfield Development: West Edge Factory 2pm Corn Hole 6:15pm Movie- "The Father"</p>	<p>18 12:30pm Bridge 5pm MU vs. East Carolina 6:15pm Bingo</p>
<p>19 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with David Richards, Presbyterian Minister</p>	<p>20 9am Exercise 9:30am YMCA 10am Exercise 11am Activities Committee 11am Huntington Federal Bank 11:15am Men's Exercise Class 12-2pm Todd Chow Tech Support 2pm Corn Hole 3pm Catholic Mass with Father Dean 5pm Out to dinner at O'Charley's</p>	<p>21 9am Exercise 10am Exercise 12pm MU Emeritus Club Meeting 1pm Chair Yoga 1pm Mexican Train Dominoes 1pm Huntington Mall 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 7pm Doubles Croquet</p>	<p>22 9am Exercise 9:30am YMCA 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole 6:15pm Bingo</p>	<p>23 9am Exercise 10am Exercise 10:30am Book Club, IL Activities Room 1pm Chair Yoga 1pm Exploring Marshall: Good Eats & Huntington Treats (video series) 1:30pm Pool Shots 4pm Communion 7:30pm MU @ Appalachian State</p>	<p>24 9am Exercise 9:30am YMCA 10am Balance in Action with Genesis 2pm Corn Hole 4pm- Birthday Dinner 6pm- The Harmonica Club</p>	<p>25 12:30pm Bridge 6:15pm Bingo</p>
<p>26 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with Robin Blakeman, Ordained Presbyterian Minister</p>	<p>27 9am Exercise 9:30am YMCA 10am Exercise 10am PEO Ch. I Meeting 11am Huntington Federal Bank 11:15am Men's Exercise Class 12-2pm Todd Chow Tech Support 2pm Corn Hole 3pm Catholic Mass with Father Dean</p>	<p>28 9am Exercise 10am Exercise 1pm Chair Yoga 1pm Right, Left, Center 1pm Kroger 2pm Knitting Circle & Loom Knitting, W5 #184 Commons Area 2:30pm One Day University Lecture 7pm Doubles Croquet</p>	<p>29 9am Exercise 9:30am YMCA 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Corn Hole 6:15pm Bingo</p>	<p>30 9am Exercise 10am Exercise 1pm Chair Yoga 1:30pm Pool Shots 4pm Communion</p>		

Healthcare September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Movie with popcorn & candy 2-3:30pm	2 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Refreshments 3-3:30pm	3 Exercise 11:15am-11:45am Bingo 2-3pm	4 Coffee, Donuts & News 10:30-11:30am, Neighborhoods Scheduled Visits 10am-3pm
5 Scheduled Visits 10am-3pm Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	6 LABOR DAY Exercise 11:15am-11:45am Scheduled Visits 1-4pm Bingo 2-3pm	7 Exercise 11:15am-11:45am Scheduled Visits 1-4pm UNO Card Game 2-3pm	8 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Bookmobile Cart in the Neighborhoods 2-3:30pm	9 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Word Jumble 2-3pm	10 Exercise 11:15am-11:45am Bingo 2-3pm	11 Coffee, Donuts & News 10:30-11:30am, Neighborhoods Scheduled Visits 10am-3pm
12 Scheduled Visits 10am-3pm Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	13 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Bingo 2-3pm Catholic Mass with Father Dean 3:30pm-4pm, Chapel	14 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Sachet Bags 2-3pm Pretty Nails 3-4pm	15 Exercise 11:15am-11:45am Scheduled Visits 1-4pm UNO Card Game 2-3pm	16 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Pictionary 2-3pm	17 Exercise 11:15am-11:45am Bingo 2-3pm	18 Coffee, Donuts & News 10:30-11:30am, Neighborhoods Scheduled Visits 10am-3pm
19 Scheduled Visits 10am-3pm Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	20 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Bingo 2-3pm Communion Service with Father Dean 3:30pm-4pm, Chapel	21 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Smoothies & Trivia on the Patio 2-3pm	22 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Walmart Trip 1-4pm	23 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Fruit Cups in the Neighborhoods 2-4pm	24 Gentlemen's Corner 10:30am-11:15am Exercise 11:15am-11:45am Bingo 2-3pm Birthday Dinner 4:30pm-5:30pm	25 Coffee, Donuts & News 10:30-11:30am, Neighborhoods Scheduled Visits 10am-3pm
26 Scheduled Visits 10am-3pm Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service 3-3:45pm, Chapel	27 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Bingo 2-3pm Communion Service with Father Dean 3:30pm-4pm, Chapel	28 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Beading 2-3pm Pretty Nails 3-4pm	29 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Movie with popcorn & candy 2-3:30pm	30 Exercise 11:15am-11:45am Scheduled Visits 1-4pm Austin's Ice Cream in the Neighborhoods 2-4pm		