

Independent Living March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11am Mass with Monsignor Luciana 1:30pm Worship Service with Jim Alexander, Fellowship Baptist 2pm FUMC Communion	2 9:30am YMCA 10am Exercise 11am Huntington Federal 11:15am Men's Balance/Weight Class 1pm Todd Chow Tech Support 1pm Loom Knitting, Apt. 171 2:30pm Balance Class 3:30pm Corn Hole 4pm Meditation 6pm Marshall Monday	3 10am Exercise 11am Bible Study 12:30pm Mexican Train Dominoes 1pm Chair Yoga 2pm Knitting Circle, Library 3:45pm Mindfulness Class 6:15pm Winter Bible Study	4 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 11:15am Women's Club 12:30pm Bridge 2:30pm Balance Class 3:30pm Corn Hole 4:30pm Sing-Along 6:15pm Bingo 6:15pm Marshall Basketball	5 10am Exercise 10am WesBanco 11am Fifth Ave. Baptist Lenten Service 1pm Chair Yoga 1:30pm Pool Shots 4pm Communion	6 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 1pm Walmart/Mall Trip 1pm Hearing Aid Check 3:30pm Corn Hole 6:15pm Movie- "Judy"	7 10am Guyan for CHH Stepping Up for Philanthropy 12:30pm Bridge 6:15pm Bingo
8 Daylight Saving Time 11am Mass with Monsignor Luciana 1:30pm Worship Service with Rev. Eric Porterfield, Fifth Ave. Baptist	9 9:30am YMCA 10am Exercise 10am PEO 11am Huntington Federal 11:15am Men's Balance/Weight Class 1pm Todd Chow Tech Support 1pm Loom Knitting, Apt. 171 2pm Greenbrier Heights Garden Club 2:30pm Balance Class 3:30pm Corn Hole	10 10am Exercise 10:30am MU Lifelong Learning Lecture 11am Bible Study 1pm Right, Left, Center 1pm Chair Yoga 2pm Knitting Circle, Library 3:45pm Mindfulness Class 6:15pm Winter Bible Study	11 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 12:30pm Bridge 2:30pm Balance Class 3:30pm Corn Hole 4pm Marshall Music 4:30pm Sing-Along 6:15pm Bingo	12 10am Exercise 10am WesBanco 10:30am Exercise Equipment Orientation with Genesis 11am Fifth Ave. Baptist Lenten Service 1pm Chair Yoga 1:30pm Pool Shots 4pm Communion 6pm Hoops Family Children's Hospital Presentation 7pm MU Artists Series	13 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 1pm Seamstress 3:30pm Corn Hole 6:15pm Movie- "Spy Game"	14 12:15pm Huntington Mall Cinema for Opera 12:30pm Bridge 6:15pm Bingo
15 11am Mass with Monsignor Luciana 1:30pm Worship Service with Rick Watson, Union Baptist Church 6pm Ricky G. Fox & Maggie Moore Performance	16 9:30am YMCA 10am Exercise 11am Activities Committee 11am Huntington Federal 11:15am Men's Balance/Weight Class 1pm Todd Chow Tech Support 1pm Loom Knitting, Apt. 171 1pm WV Department of Veterans Assistance 2:30pm Balance Class 3:30pm Corn Hole 6:30pm Trivia with Billy Drysdale	17 St. Patrick's Day 10am Exercise 11am Bible Study 12:30pm MU Emeritus Club 12:30pm Mexican Train Dominoes 1pm Chair Yoga 1pm Kroger 2pm Knitting Circle, Library 3:45pm Mindfulness Class 4pm St. Patrick's Day Celebration, Main Lobby 6:15pm Winter Bible Study 	18 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 12:30pm Bridge 1pm Beltone Hearing Presentation 2:30pm Balance Class 3pm Resident Council 3:30pm Corn Hole 5pm Out to dinner at Sunset Grill 6:15pm Bingo 6:30pm Marshall Athletics Update by John Sutherland	19 Spring Begins! 10am Exercise 10am WesBanco 11am Fifth Ave. Baptist Lenten Service 1pm Chair Yoga 1pm Target 1:30pm Pool Shots 4pm Communion	20 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 3:30pm Corn Hole 6:15pm Movie- "The Post"	21 12:30pm Bridge 6:15pm Bingo
22 11am Mass with Monsignor Luciana 1:30pm Worship Service with Rev. John Kelch, Christian Minister	23 9:30am YMCA 10am Exercise 11am Huntington Federal 11:15am Men's Balance/Weight Class 1pm Todd Chow Tech Support 1pm Loom Knitting, Apt. 171 2:30pm Balance Class 3:30pm Corn Hole	24 10am Exercise 11am Bible Study 1pm Right, Left, Center 1pm Chair Yoga 1pm OT Orientation with Genesis 2pm Knitting Circle, Library 3:45pm Mindfulness Class 6:30pm Birds with Dr. Gary Rankin	25 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 11:15am Lunch at The Jockey Club (Ashland) 12:30pm Bridge 2:30pm Balance Class 3pm Community Meeting 3:30pm Corn Hole 4:30pm Sing-Along 6:15pm Bingo	26 10am Exercise 10am WesBanco 11am Fifth Ave. Baptist Lenten Service 11am Book Club 1pm Chair Yoga 1:30pm Pool Shots 4pm Communion	27 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 3:30pm Corn Hole 5pm Social Hour 5:30pm Birthday Dinner 6:30pm Entertainment- Magician, Keith Matheny	28 12:30pm Bridge 6:15pm Bingo 6:15pm Cabell Co. Library Gala
29 11am Mass with Monsignor Luciana 1:30pm Worship Service with Pastor Dennis Morello, Lighthouse Baptist Church Huntington	30 9:30am YMCA 10am Exercise 11am Huntington Federal 11:15am Men's Balance/Weight Class 1pm Todd Chow Tech Support 1pm Loom Knitting, Apt. 171 2:30pm Balance Class 3:30pm Corn Hole	31 10am Exercise 11am Bible Study 1pm Chair Yoga 2pm Knitting Circle, Library 3:45pm Mindfulness Class 5pm Out to dinner at The Armory Smokehouse (Ironton, OH)				KEY Black=Regular Events Red=Special on Campus Green=Off Campus

Healthcare March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 First Presbyterian Communion 1-1:30pm (Activity Room) Worship w/ Chaplain Jennifer (3rd Floor Chapel) 2:30-3:15pm	2 Exercise 10:30-11am Scrabble Slam 2-3pm	3 Exercise 10:30-11:00am Bible Study 11-11:45am Beehive Pots 2-3pm Pretty Nails 3:30-4pm	4 Exercise 10:30-11:00am Walmart Trip 1-4pm	5 Exercise 10:30-11am Resident Council 2:30-3pm Refreshments 3-3:30pm	6 Exercise 10:30-11:00am Movie Matinee, "Holiday in the Wild" 2-4pm Elvis Review 4:30-5:15pm HC Dining Room	7 Coffee & News 10:30-11:30am Word Jumble 11:30-11:45am Bingo 1:45-2:45pm Nyta Brooks' Birthday Party 3-4pm
8 Daylight Saving Time Worship w/ Chaplain Jennifer (3rd floor chapel) 2:30-3:15pm	9 Exercise 10:30-11am Tom Chaffin on the Saxophone 2-3pm	10 Exercise 10:30-11:00am Bible Study 11-11:45am Pot of Gold Treats 2-3pm	11 Exercise 10:30-11:00am Coffee & Scones 2-3pm	12 Exercise 10:30-11am Neighborhood Activities, Balloon Toss 2-4pm	13 Exercise 10:30-11:00am Movie Matinee, "Yours, Mine & Ours" 2-4pm	14 Coffee & News 10:30-11:30am Word Jumble 11:30-11:45am Bingo 2:00-3:00pm
15 Worship & Communion w/ Chaplain Jennifer (3rd floor chapel) 2:30-3:15pm Ricky G. Fox & Maggie Moore Performance 5pm, HC Dining Room	16 Exercise 10:30-11am WV Dept. of Veterans Assistance 1-2pm, Hampton Room Stories with Marie 2-3pm	17 St. Patrick's Day Exercise 10:30-11:00am Bible Study 11:00-11:45am St. Patrick's Day Pins 2-3pm Pretty Nails 3:30-4pm 	18 Exercise 10:30-11:00am Walmart Trip 1-4pm	19 Spring Begins! Exercise 10:30-11am Neighborhood Activities, Snack & Trivia 2-4pm	20 Exercise 10:30-11:00am Movie Matinee, "Driving Miss Daisy" 2-4pm	21 Coffee & News 10:30-11:30am Word Jumble 11:30-11:45am Bingo 2:00-3:00pm
22 Worship w/ Chaplain Jennifer (3rd floor chapel) 2:30-3:15pm	23 Exercise 10:30-11am UNO 2-3pm	24 Exercise 10:30-11:00am Bible Study 11-11:45am Out to Lunch 12-2:30pm	25 Exercise 10:30-11:00am Washcloth Bunnies 2-3pm	26 Exercise 10:30-11:00am Neighborhood Activities, Bingo 2-4pm	27 Exercise 10:30-11am Movie Matinee, "HOP" 2-4pm Birthday Dinner with entertainment by DJ Herb Bell, 5-5:45pm, HC Dining Room	28 Coffee & News 10:30-11:30am Word Jumble 11:30-11:45am Bingo 2:00-3:00pm
29 Worship w/ Chaplain Jennifer (3rd floor chapel) 2:30-3:15pm	30 Exercise 10:30-11am Word Jumble 2-3pm	31 Exercise 10:30-11am Bible Study 11-11:45am Out for Manicures 2-4:30pm				