

Independent Living May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY Black=Regular Events Red=Special on Campus Green=Off Campus			1 9:30am YMCA 10am Exercise 11am Bible Study 11am Men's Balance/Weight Class 11:15am Women's Club Luncheon 12:30pm Bridge 1:30pm Corn Hole 2:30pm Balance Class 4pm Marshall Music 4:30pm Sing-Along, Bistro 6:15pm Bingo	2 10am Exercise 10am WesBanco 11:30am Cabell Co. Public Library Membership Luncheon 1pm Tai Chi 1:30pm Pool Shots 4pm Communion 5pm Out to Dinner La Famiglia	3 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 1pm Walmart 1pm Hearing Aid Check 1:30pm Corn Hole 2pm Schuani Duo (MU string players) 6:15pm Movie- "The Post"	4 12:30pm Bridge 3:30pm Derby Party 5:10pm WV Symphony Bus Trip to "Double Treble" 6:15pm Bingo
5 11am Mass with Monsignor Luciana 1:30pm Worship Service with Kevin Mackey, St. Paul Lutheran 2pm FUMC Communion	6 9:30am YMCA 10am Exercise 11am Huntington Federal 11:15am Men's Balance/Weight Class 1pm Todd Chow Tech Support 1pm Generation WV Intro 1:30pm Corn Hole 2:30pm Balance Class 5:30pm MU Celebration Honoring Woodlands' Resident 6pm Marshall Monday	7 10am Exercise 12:30pm Mexican Train Dominoes 1pm Chair Yoga 2pm Knitting Circle, Library 3:30pm Cottage Meeting 3:45pm Mindfulness Class 4pm MU Young Talents Concert 5pm Out to Dinner at Red Lobster	8 8am Trip to Blennerhassett Island 9:30am YMCA 10am Exercise 11am Bible Study 11am Men's Balance/Weight Class 1pm Video Otoscopy/ Hearing Check 12:30pm Bridge 1:30pm Corn Hole 2:30pm Balance Class 4:30pm Sing-Along, Bistro 6:15pm Bingo	9 10am Exercise 10am WesBanco 1pm Tai Chi 1:30pm Pool Shots 4pm Communion, Bistro	10 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 1:30pm Corn Hole 2pm Mother's Day Tea 6:15pm Movie- "Mary Poppins Returns"	11 11:30am Opera at the Huntington Mall Cinema 12:30pm Bridge 1pm Movie Matinee, "The Thorn Birds" 6:15pm Bingo
12 Mother's Day 11am Mass with Monsignor Luciana 1:30pm Worship Service with Jim Morgan, Episcopal Lay Minister	13 Amnesty Week Begins 9:30am YMCA 10am Exercise 10am PEO Meeting 11am Huntington Federal, Library 11:15am Men's Balance/Weight Class 1pm Todd Chow Tech Support 1:30pm Corn Hole 2:30pm Balance Class 6:30pm Thundertones	14 10am Exercise 10:30am MU Lifelong Learning Lecture @ Woodlands 1pm Chair Yoga 1pm Right, Left, Center 1pm Kroger 2pm Knitting Circle, Library 3:45pm Mindfulness Class 4pm Welcome New Residents	15 9:30am YMCA 10am Exercise 11am Bible Study 11am Men's Balance/Weight Class 12:30pm Bridge 1:30pm Corn Hole 2:30pm Balance Class 3pm Resident Council 4:30pm Sing-Along, Bistro 5:30pm Murder Mystery Dinner 6:15pm Bingo	16 10am Exercise 10am WesBanco 1pm Tai Chi 1:30pm Pool Shots 4pm Communion 5pm Out to dinner at Longhorn	17 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 12:45 Log Cabin Museum Johnstown Road 1:30pm Corn Hole 6:15pm Movie- "Out of Africa"	18 12:30pm Bridge 1-4pm Westmoreland DAR 6:15pm Bingo 6pm Kent Camerata
19 11am Mass with Monsignor Luciana 1:30pm Worship Service with Keith Weibe Jr., Grace Gospel Church	20 9:30am YMCA 10am Exercise 11am Huntington Federal 11am Activities Committee 11:15am Men's Balance/Weight Class 1pm Todd Chow Tech Support 1:30pm Corn Hole 2:30pm Balance Class	21 10am Exercise 11:30am MU Emeritus Club, MU President Gilbert 12:30pm Mexican Train Dominoes 1pm Chair Yoga 2pm Knitting Circle, Library 3:45pm Mindfulness Class	22 9:30am YMCA 10am Exercise 11am Bible Study 11am Men's Balance/Weight Class 12:30pm Bridge 1:30pm Corn Hole 2:30pm Balance Class 3pm Community Meeting 4:30pm Sing-Along, Bistro 5:30pm Girls Night Out to Dinner at the Market & The Escape Room 6:15pm Bingo	23 10am Exercise 10am WesBanco 11am Book Club 1pm Tai Chi 1:30pm Pool Shots 4pm Communion 6pm Huntington Museum of Art Executive Director, Geoff Fleming	24 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 1:30pm Corn Hole 6:15pm Movie- "Julie & Julia"	25 12:30pm Bridge 1pm Movie Matinee, "The Thorn Birds" 6:15pm Bingo
26 11am Mass with Monsignor Luciana 1:30pm Worship Service with Alicia Porterfield, Fifth Ave. Baptist	27 Memorial Day 1pm Marine Corps League Flag Ceremony 1:30pm Corn Hole	28 10am Exercise 10:30am Holy Cross Monastery 11am Huntington Federal 1pm Right, Left, Center 1pm Chair Yoga 2pm Knitting Circle, Library 3:45pm Mindfulness Class	29 9:30am YMCA 10am Exercise 11am Bible Study 11am Men's Balance/Weight Class 12:30pm Bridge 1:30pm Corn Hole 2:30pm Balance Class 4:30pm Sing-Along, Bistro 6:15pm Bingo	30 10am Exercise 10am WesBanco 1pm Target 1pm Tai Chi 1:30pm Pool Shots 4pm Communion 5pm Out to dinner at the Fly In Café	31 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 1:30pm Corn Hole 5pm Social Hour 5:30pm Birthday Dinner 6:30pm Entertainment- The 1937 Flood	



Healthcare May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Exercise 10:30-11:00am Walmart 1:00-4:00pm Afternoon Activities in Neighborhoods 1:00-4:00pm	2 Exercise 10:30-11:00am Resident Council 2:30-3:00pm Refreshments 3:00-3:30pm	3 Exercise 10:30-11:00am Movie Matinee, 2:00-4:00pm "RV"	4 Coffee & News 10:30-11:30am Word Jumble 11:30-11:45am Bingo 2:00-3:00pm
5 Communion (Activities Room) 1:00-2:00pm Worship w/ Chaplain Jennifer (Chapel 3rd Floor) 2:30-3:15pm	6 Exercise 10:30-11am Scrabble Slam 2:00-3:00pm	7 Exercise 10:30-11:00am Bible Study 11-11:45am Canvas Flower Art 2:00-3:00pm Pretty Nails 3:30-4:00pm	8 Exercise 10:30-11:00am Walmart 1:00-4:00pm	9 Exercise 10:30-11:00am Tea Party 2:00-2:30pm Violin with Hannah 2:30-3:00	10 Exercise 10:30-11:00am Movie Matinee, 2:00-4:00pm "The Man Who Knew Too Little"	11 Coffee & News 10:30-11:30am Word Jumble 11:30-11:45am Bingo 2:00-3:00pm
12 Worship w/ Chaplain Jennifer (3rd floor chapel) 2:30-3:15pm 	13 Exercise 10:30-11am UNO cards 2:00-3:00pm The Thundertones 5:30-6:00pm (Dining Room)	14 Exercise 10:30-11:00am Bible Study 11:00-11:45am Woodworking Craft 2:00-3:00pm Pretty Nails 3:30-4:00pm	15 Exercise 10:30-11:00am Gardening on the Patio 2:00-3:00pm	16 Exercise 10:30-11:00am Marshall Ortho Volunteers 10:00-11:00pm Outing to Austin's Ice Cream 2:00-3:30pm	17 Exercise 10:30-11:00am Movie Matinee, 2-4pm "Get Low"	18 Coffee & News 10:30-11:30am Word Jumble 11:30-11:45am Bingo 2:00-3:00pm
19 Worship & Communion w/ Chaplain Jennifer (3rd floor chapel) 2:30-3:15pm	20 Exercise 10:30-11am Stories with Marie 2:00-3:00pm	21 Exercise 10:30-11:00am Bible Study 11-11:45am Woodworking Craft 2:00-3:00pm Pretty Nails 3:30-4:00pm	22 Exercise 10:30-11:00am Walmart 1:00-4:00pm	23 Exercise 10:30-11:00am Fruit & Trivia on the Patio 2:00-4:00pm	24 Exercise 10:30-11am Movie Matinee, 2-4pm "5 Flights Up"	25 Coffee & News 10:30-11:30am Word Jumble 11:30-11:45am Bingo 2:00-3:00pm
26 Worship w/ Chaplain Jennifer (3rd floor chapel) 2:30-3:15pm	27 Memorial Day Flag Ceremony w/ Marine Corps League 1:00-2:00pm 	28 Exercise 10:30-11:00am Bible Study 11-11:45am Out for Manicures 2:00-4:30pm	29 Exercise 10:30-11:00am	30 Exercise 10:30-11:00am Music w/ Nancy 2:15-3:00pm Patio Time 3:00-4:00pm	31 Exercise 10:30-11:00am Movie Matinee, 2-4pm "Stewart Little" Birthday Dinner with entertainment by The 1937 Flood 5:00-6:00pm	