

Independent Living February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY Black=Regular Events Red=Special on Campus Green=Off Campus					1 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 1pm Keith Albee Presentation 1pm Seamstress 1pm Hearing Aid Check 1:30pm Corn Hole 6:15pm Movie- "Breakfast at Tiffany's"	2 12:15pm Mall Cinema for Opera 12:30pm Bridge 6:15pm Bingo 6:15pm MU Basketball
3 Super Bowl Sunday! 11am Mass with Monsignor Luciana 1:30pm Worship Service with Kevin Mackey, St. Paul Lutheran 2pm FUMC Communion 	4 9:30am YMCA 10am Exercise 11am Huntington Federal 1pm Required Minimum Distribution Presentation by Andy Fischer 1pm Todd Chow Tech Support 1:30pm Corn Hole 2:30pm Balance Class 4pm Meditation 6pm Marshall Monday	5 10am Exercise 10:30am Bible Study 12:30pm Mexican Train Dominoes 1pm Chair Yoga 1pm Target Plaza /Barboursville Aldi 2pm Knitting Circle, Library	6 9:30am YMCA 10am Exercise 11am Bible Study 11am Men's Balance/Weight Class 11:15am Women's Club 12:30pm Bridge 1:30pm Corn Hole 2:30pm Balance Class 4:30pm Sing-Along, Bistro 6:15pm Bingo	7 10am Exercise 10am WesBanco 12pm Fifth Ave. Baptist & Friends Luncheon, Bistro 1pm Tai Chi 1pm Scams & Identity Theft by the WV Attorney Generals Office 1:30pm Pool Shots 4pm Communion Service 5:30pm PEO Dinner at Guyan Country Club	8 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 1pm Walmart/ Mall Trip 1:30pm Corn Hole 5:30pm "Love Your Sustainer" Dinner-Guyan Country Club 6:15pm Movie- "Paint Your Wagon"	9 12:30pm Bridge 6:15pm Bingo
10 11am Mass with Monsignor Luciana 1:30pm Worship Service with Terry Deane, Johnson Memorial UMC	11 9:30am YMCA 10am Exercise 10am PEO 11am Huntington Federal, Library 1pm Todd Chow Tech Support 1:30pm Corn Hole 2:30pm Computer Training, "How to Scan" 2:30pm Balance Class	12 10am Exercise 10:30am Bible Study 10:30am MU Lifelong Learning Lecture @ Woodlands 1pm Chair Yoga 1pm Kroger 2pm Knitting Circle, Library 6:30pm Fun Times at the Huntington Museum of Art	13 9:30am YMCA 10am Exercise 11am Bible Study 11am Men's Balance/Weight Class 12:30pm Bridge 1:30pm Corn Hole 2:30pm Balance Class 4pm Marshall Music 4:30pm Sing-Along, Bistro 5:30pm Out to dinner at Savannah's 6:15pm Bingo	14 10am Exercise 10am WesBanco 1pm Tai Chi 1pm YouTube Journeys 1:30pm Pool Shots 4pm Communion 6:30pm Drew & Sarah Navy Performance 7:15pm MU Basketball	15 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 1pm Seamstress 1:30pm Corn Hole 6:15pm Movie- "Chicago"	16 12:30pm Bridge 1:15pm MU Basketball 6:15pm Bingo 6:45pm Marshall Artists Series
17 11am Mass with Monsignor Luciana 1:30pm Worship Service with Robin Crouch, New Baptist Church	18 9:30am YMCA 10am Exercise 11am Huntington Federal 11am Activities Committee 1pm Todd Chow Tech Support 1pm Movie Matinee, "Moulin Rouge" 1:30pm Corn Hole 2:30pm Balance Class	19 10am Exercise 10:30am Bible Study 12-2pm MU Emeritus Club 12:30pm Mexican Train Dominoes 1pm Chair Yoga 2pm Knitting Circle, Library 5pm Out to dinner at Texas Roadhouse	20 9:30am YMCA 10am Exercise 11am Bible Study 11am Men's Balance/Weight Class 12:30pm Bridge 1:30pm Corn Hole 2:30pm Balance Class 3pm Resident Council 4:30pm Sing-Along, Bistro 6:15pm Bingo	21 10am Exercise 10am WesBanco 11am Book Club 1pm Tai Chi 1:30pm Pool Shots 4pm Communion	22 9:30am YMCA 10am Exercise 11am Men's Balance/Weight Class 1:30pm Corn Hole 5pm Social Hour 5:30pm Birthday Dinner 6:30pm Entertainment- The Harmonica Club	23 12:30pm Bridge 6:15pm Bingo
24 11am Mass with Monsignor Luciana 1:30pm Worship Service with David Richards, Retired Presbyterian Minister	25 9:30am YMCA 10am Exercise 11am Huntington Federal 1pm YouTube Journeys 1pm Todd Chow Tech Support 1:30pm Corn Hole 2:30pm Balance Class	26 10am Exercise 10:30am Bible Study 11am Saints Alive Choir 1pm Chair Yoga 1pm Lobbying by Aubrey King 2pm Knitting Circle, Library	27 9:30am YMCA 10am Exercise 11am Bible Study 11am Men's Balance/Weight Class 12:30pm Bridge 1:30pm Corn Hole 3pm Community Meeting 4:30pm Sing-Along, Bistro 6:15pm Bingo	28 10am Exercise 10am WesBanco 1pm Video Otoscopy with Dr. Brashears 1pm Tai Chi 1:30pm Pool Shots 4pm Communion 5pm Out to dinner at The Fly in Café		

Healthcare February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Exercise 10:30-11:00am Movie Matinee, "Bruce Almighty" 2-4pm	2 Coffee & News 10:30-11:30am Word Jumble 11:30-11:45am Bingo 2-3pm
3 Worship w/ Chaplain Jennifer 2:30-3:15pm Super Bowl Snacks 6-7 pm  SUPER BOWL!	4 Exercise 10:30-11am UNO Cards 2-3pm	5 Exercise 10:30-11:00am Bible Study 11-11:45am Valentine Beading 2-3pm Pretty Nails 3:30-4pm Chinese New Year Dinner 5-6 pm, Dining Room	6 Exercise 10:30-11:00am Walmart Trip 1-4pm	7 Exercise 10:30-11:00am Moon Pies and RC Cola 12-1 pm, Dining Room Resident Council 2:30-3pm Refreshments 3-3:30pm	8 Exercise 10:30-11:00am Movie Matinee, "Out of Africa" Part I, 2-4pm	9 Coffee & News 10:30-11:30am Word Jumble 11:30-11:45am Bingo 2-3pm
10 Worship w/ Chaplain Jennifer 2:30-3:15pm Sunday Sundaes 5-6 pm, Dining Room	11 Exercise 10:30-11am Word Jumble 2-3pm	12 Exercise 10:30-11:00am Bible Study 11-11:45am Popcorn 12-1 pm, Dining Room Candy Bouquets 2-3pm Pretty Nails 3:30-4pm	13 Exercise 10:30-11:00am Cupids Crunch 2-3pm Valentine Cards 3-3:30pm	14 Valentine's Day Exercise 10:30-11:00am Valentine's Party & Violin w/ Hannah 2-3pm Drew & Sarah Navy performance and dinner 5-5:30pm, HC Dining Room 	15 Exercise 10:30-11am Movie Matinee, "Out of Africa" Part II, 2-4pm	16 Coffee & News 10:30-11:30am Word Jumble 11:30-11:45am Bingo 2-3pm
17 Worship & Communion w/ Chaplain Jennifer 2:30-3:15pm	18 Exercise 10:30-11am Stories with Marie 2-3pm	19 Exercise 10:30-11:00am Bible Study 11-11:45am Pizza Party 12-1 pm, Dining Room Portrait Silhouettes Part I 2-3pm Pretty Nails 3:30-4pm	20 Exercise 10:30-11:00am Walmart Trip 1-4pm Banana Splits 5-6 pm, Dining Room	21 Exercise 10:30-11:00am Penny Ante 2-3pm	22 Exercise 10:30-11am Movie Matinee, "The Stray" 2- 4pm Birthday Dinner with entertainment by The Harmonica Club, 5-6pm, HC Dining Room	23 Coffee & News 10:30-11:30am Word Jumble 11:30-11:45am Bingo 2-3pm
24 Worship w/ Chaplain Jennifer 2:30-3:15pm Sunday Sundaes 5-6 pm, Din- ing Room	25 Exercise 10:30-11am Scrabble Slam 2-3pm	26 Exercise 10:30-11am Bible Study 11-11:45am Popcorn 12-1 pm, Dining Room Portrait Silhouettes Part II 2-3pm Pretty Nails 3:30-4pm	27 Exercise 10:30-11:00am Magazine Scavenger Hunt 2-3pm	28 Exercise 10:30-11:00am What's in the Bag? 2-3pm		